



2026-2027 Upper East Side Class Schedule

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Junior Classes	Mon	Tue	Wed	Thur	Fri	Sat
First Steps		11:00-11:45		11:45 -12:30		
Dance with Me		11:45-12:30		11:00-11:45		9:15-10:00
Pre-Ballet 1		3:15-4:00	3:30-4:15	3:30-4:15		10:00-10:45
Pre-Ballet 2	3:30-4:15	4:00-4:45		4:15-5:00		10:45-11:30
Pre-Ballet 3	3:45-4:30		3:30-4:15	3:45-4:30		11:30-12:15
Hip Hop Intro		4:00-4:45		3:30-4:15		
Tap Intro			3:30-4:15			

Senior Classes	Mon	Tue	Wed	Thur	Fri	Sat
Ballet 1A		3:45-4:45	4:15-5:15		3:30-4:30	9:30-10:30
Ballet 1B	3:45-4:45	4:45-5:45		3:45-4:45		9:30-10:30
Ballet 2	4:45-5:45	3:45-4:45	5:15 -6:15			10:30-11:45
Open Ballet 3		4:45-6:00	4:00-5:15		4:30-5:45	10:30-11:45
Open Ballet 4			5:15-6:30	4:30-5:45	5:45-7:00	9:15-10:30
Open Ballet 5			6:30-8:00		5:15 -6:45	10:30-12:00
Open Inter. Ballet	5:30-7:00					
Graded Ballet 3	4:15 -5:30		4:15 -5:30			
Graded Ballet 4		4:15-5:45		4:15-5:45		
Graded Ballet 5	7:00-8:30		7:00-8:30			
Intermediate Ballet A		5:45-7:15		5:45-7:15		
Intermediate Ballet B		6:45-8:15		6:45-8:15		
Adv/Int Ballet	7:00-8:30		7:00-8:30			
Pre-Pointe	7:00-7:30		7:00-7:30			
Beginner Pointe Beg/Int Pointe		7:15-8:00 8:15-9:00		7:15-8:00 8:15-9:00		
Int/Adv Pointe	8:30-9:15		8:30-9:15			
Ballet Technique 1					6:45-8:45	12:00-2:00
Ballet Technique 2						11:30-1:30
Ballet Technique 3						11:45-1:45
Pre-Pro/Variations					7:00-8:45	
Contemporary 1	5:15 -6:15	4:45-5:45		5:45-6:45		
Contemporary 2		5:45-6:45		4:45-5:45		
Hip Hop 1	4:45-5:45	4:45-5:45	3:45-4:45	4:15-5:15		
Hip Hop 2	5:15-6:15	5:45-6:45	4:45-5:45		3:45-4:45	
Hip Hop 3	5:45-6:45		5:45-6:45	5:15-6:15	4:45-5:45	
Hip Hop 4	6:00-7:00			6:15-7:15	5:45-6:45	
Hip Hop 5				7:15-8:15		
Open Level Hip Hop 5		6:45-7:45	6:45-7:45			
Intermediate Hip Hop	7:00-8:00					
Boys' Hip Hop 1/2					3:45-4:45	
Boys' Hip Hop 3/4					4:45-5:45	
Broadway 1	4:15-5:15	5:00-6:00	4:15-5:15		3:45-4:45	12:15-1:15
Broadway 2	4:30-5:30	6:00-7:00		4:45-5:45		10:30-11:30
Broadway 3		7:00-8:00		6:45-7:45		
Broadway 4					5:45-6:45	
Broadway 5				5:45-6:45		
Open Broadway 1			5:15-6:15		5:45-6:45	
Open Broadway 2	6:15 -7:15		6:15 -7:15		4:45-5:45	
Open Broadway 3				6:45-7:45		

Tap 1A			4:15-5:15	3:45-4:45	
Tap 1B	4:30-5:30	3:45-4:45		4:45-5:45	3:45-4:45
Tap 2	5:30-6:30	4:45-5:45		5:45-6:45	
Tap 3	6:30-7:30	5:45-6:45			
Open Level Tap			5:15-6:15		
Intermediate Tap		6:45-7:45			
Advanced/Inter. Tap					5:45-6:45
Advanced Tap					4:45-5:45
Comp Team Jr					6:45-8:00
Comp Team Sr					6:45-8:00
Pilates			5:15 -6:15		

2026-2027 Washington Heights Class Schedule





Junior Classes	Mon	Tue	Wed	Thur	Fri	Sat
Pre-Ballet 1						10-10:45
Pre-Ballet 2						10-10:45
Pre-Ballet 3						10:45-11:30
Tap Intro		3:30-4:15				

Senior Classes	Mon	Tues	Wed	Thur	Fri	Sat
Ballet 1A						9:45-10:45
Ballet 1B / Ballet 2						10:45-11:45
Open Level Ballet 3						11:45-1:00
Broadway 1						1:00-2:00
Hip Hop 1		5:15-6:15				
Hip Hop 2		5:15-6:15				
Tap 1A / Tap 1B		4:15-5:15				

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Elevate your dance journey with our exclusive studio shop. From student uniforms to branded apparel and merchandise, explore a curated collection designed to inspire and celebrate your passion for dance. Whether you're gearing up for class or showing off your AYDT pride, our shop has something for everyone.

 <p>Youth Hooded Full-Zip Sweatshirt, Black \$45.00</p>	 <p>Toddler Hooded Full-Zip Sweatshirt, Pink \$30.00</p>	 <p>Official AYDT Garment Bag \$20.00</p>	 <p>Fitted Full-Zip Dancer \$50.00 - \$55.00</p>
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Contact Us

Contact us to learn more about our dance classes for kids and teens. To inquire about programs...

For kids and teens. To inquire about or arrange classes for your child, please send us a message using the secure form below or call (212) 717-5419 (English) or (646) 586-8661 (Spanish).

[Email Us](#)

[Rent our Studios](#)

Locations

Upper East Side

428 E 75th Street, New York, NY 10021

O: (212) 717-5419
F: (866) 679-8943

Mon - Fri 9:00 am - 8:30 pm
Sat 9:00 am - 3:00 pm

Washington Heights

4140 Broadway, Fl 2 @ NoMAA, New York, NY 10033

O: (212) 717-5419
Español: (646) 586-8661

Tues 3:00 pm - 5:45 pm
Sat 10:00 am - 1:00 pm