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EARLY CHILDHOOD • BALLET • TAP • BROADWAY JAZZ • HIP HOP • CONTEMPORARY • PILATES

Description of Classes for Fall 2023 – Spring 2024

Spring Semester (2/5/24-6/15/24)

NOTE FOR ALL PROGRAMS:

Foundational Level classes are based on age and are open to beginners as well as students who have had some previous training.

New students, please contact us for placement.

* Placement in higher level classes is by teacher recommendation or audition.

*SEE CALENDAR FOR DATES OF MANDATORY SATURDAY HOLIDAY RECITAL REHEARSALS

BALLET Ages 2½ - Teens AYDT provides quality ballet training for students of all levels, recreational through pre-professional. All classes are taught with a motivational and caring approach and strong emphasis on technique and proper alignment. Our senior faculty is certified in the ABT® National Training Curriculum, which is taught throughout the program. Different classes are available based on individual student's goals and levels of ability. All levels except for First Steps, Dance with Me and Tiny Tots perform in the Holiday and Spring recitals.

First Steps	Ages 18 – 26 months accompanied by a parent or caregiver. Twins must be accompanied by two adults, one for each child. Class is broken into two 9-week sessions.
Dance with Me	Ages 2 ½ - 3 accompanied by a parent or caregiver. Twins must be accompanied by two adults, one for each child. Class is broken into two 9-week sessions.
Tiny Tots	Separation class for ages 3-4
Pre-Ballet 1	Nursery School/Pre-K 3 (must be at least 3 ½ years old by September)
Pre-Ballet 2	Pre-K4
Pre-Ballet 3	Kindergarten
Ballet 1A*	1 st and 2 nd grades
Ballet 1B*	2 nd and 3 rd grades
Ballet 2*	3 rd and 4 th grades
Open Level Ballet 3*	Open to students in grades 4 and up wishing to take ballet recreationally or as an additional class to complement their training in another dance style. This class is a 2-3 year program.
Open Level Ballet 4*	Open to students in grades 6 and up who have completed 2-3 years of Open Level Ballet 3 or equivalent. Older beginners are welcome but may need to take a few private lessons to catch up.
Open Level Ballet 5**	Open to students in grades 8-12 who have completed 2-3 years of Open Level Ballet 4 or equivalent. Older beginners are welcome but may need to take a few private lessons to catch up.
Open Level Intermediate**	Open to students in grades 8-12 who have completed 2-3 years of Open Level Ballet 5 or equivalent. This level requires a second weekly class in either Open Level Ballet 5 or Technique 1 (teacher recommends second class).
Ballet 3**	Grades 4-7. Placement is by faculty recommendation or audition only. Class meets twice a week.
Ballet 4**	Grades 5-8. Placement is by faculty recommendation or audition only. Class meets twice a week.
Ballet 5**	Grades 6 and up. Placement is by faculty recommendation or audition only. Class meets 3 times a week. Third class is Ballet 4, Open Level Ballet 4-5 or Technique 1 by teacher recommendation.
Intermediate Ballet A & B**	Two levels of Intermediate Ballet for upper level students in grades 7-12. Placement is by faculty recommendation or audition only. Class meets 3 times a week. Third class is Technique.
Adv/Intermediate Ballet**	Upper level students in grades 10-12; placement is by faculty recommendation or audition only. This level requires 3 ballet classes, and one non-ballet class (Broadway or Contemporary only).
Technique 1, 2, 3*	Three levels of mandatory technique classes for students in Ballet 5, Int. and Adv/Intermediate Ballet. There is no recital dance; concentration is purely on improving technique, strength and stamina.
Pre- Pointe* Beg. *, Beg/Int*, Int/Adv Pointe*	Pointe is offered to select students in Ballet 5, Open Level Intermediate, Intermediate and Adv/Int. Ballet who are technically strong enough to begin Pointe instruction. Level-based classes meet, directly following Ballet 5, Open Level Intermediate, Intermediate Ballet & Advanced Ballet.

CONTEMPORARY: This is a Modern Dance based program, inspired by the techniques of Martha Graham, Lester Horton and Jose Limon. Students also get to experience current Contemporary Dance themes and movement through their recital dance choreography. All students perform in our Holiday and Spring Recitals.

Contemporary 1* Contemporary 2*	Two levels of Contemporary Dance available to students in Ballet 5 or Open Level Ballet 5 and up, only as an additional weekly class to complement and add versatility to their training.
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TAP: Ages 4-Teens AYDT's tap program focuses on learning classical tap steps, rhythm and technique. Class consists of warm-up, stretching and building a vocabulary of steps and combinations. All students perform in our Holiday and Spring Recitals. Tap students are strongly encouraged to also take a weekly ballet or Broadway class to complement their training.

Tap Intro	Pre-K 4 & Kindergarten, must be at least 4 years old by September.
Tap 1A	Beginning level tap instruction for students in grades 1 – 3.
Tap 1B	Advanced beginner level for grades 3 – 6.
Open Level Tap	Open to older beginner/intermediate students in grades 5 and up
Tap 2*	Grades 4-7. Placement is by faculty recommendation or audition only.
Tap 3*	Grades 4-8. Placement is by faculty recommendation or audition only.
Intermediate Tap*	Upper level students, grades 6 & up, placement is by faculty recommendation or audition only. This is a 2-3 year program.
Advanced/Intermediate Tap**	Upper level students, grades 7-12, placement is by faculty recommendation or audition only. This level requires a second weekly class in either Ballet, Broadway or Hip Hop.

BROADWAY: Ages 8-Teens This exciting program introduces students to Broadway-style theater jazz. Class work consists of a jazz warm-up, stretching, and building a vocabulary of steps and combinations. All students perform in our Holiday and Spring Recitals. Broadway dancers are strongly encouraged to take ballet and tap to complement their training.

Broadway 1	Open to students in grades 3 – 5. This is a 2 year program.
Open Level Broadway 1	Open to beginner students in grades 5 and up. This is a 2 year program.
Open Level Broadway 2	Open to intermediate students in grades 6 and up who do not wish to add a ballet or tap class required in the higher levels of the Broadway program. This is a 2 to 3 year program.
Open Level Broadway 3	Open to students in grades 8-12 who have completed 2 years of Open Level Broadway 2 or equivalent. Older beginners are welcome but may need to take a few private lessons to catch up.
Broadway 2*	Grades 4-7. Placement is by faculty recommendation or audition only.
Broadway 3*	Upper level students, grades 5-12, placement is by faculty recommendation or audition only. This level requires two classes a week. Second class is ballet or tap.
Broadway 4*	Upper level students, grades 7-12, placement is by faculty recommendation or audition only. This level requires 2 classes a week. Additional class must be ballet.
Broadway 5*	Upper level students, grades 8-12, placement is by faculty recommendation or audition only. This level requires 3 classes a week. Additional classes must be 2 ballet or 1 ballet & 1 tap.
Broadway Bound*	Upper level students, grades 9-12, placement is by faculty recommendation or audition only. This level requires 3 classes a week. Additional classes must be 2 ballet.

HIP HOP: Ages 4-Teens High energy dance to popular music. This class is a great strength-building and cardio workout that includes warm-up, stretching and building a vocabulary of steps and combinations. All music and movement is age-appropriate. All classes perform in our Holiday and Spring Recitals.

Hip Hop Intro	Pre-K4 & Kindergarten. Must be at least 4 years old by September.
Hip Hop 1	Open to students in grades 1 & 2.
Hip Hop 2	Open to students in grades 3 & 4.
Hip Hop 3	Open to students in grades 5 – 7.
Open Level Hip Hop 4	Open to students in grades 7-9, no prior training required
Open Level Hip Hop 5	Open to students in grades 10-12, no prior training required
Hip Hop 4*	Open to students in grades 7 – 9; Placement is by faculty recommendation or audition only.
Hip Hop 5*	Open to students in grades 10 – 12; Placement is by faculty recommendation or audition only.
Intermediate Hip Hop*	For serious and committed upper-level students who have achieved high levels of technique, style and musicality. Placement is by faculty recommendation only. This level requires two classes a week. Additional class may be in any discipline.
Boys' Hip Hop & Breakdance 1 & 2	Two levels of high energy dance, taught by a male teacher, for boys ages 6-9 and 10 and up.

PILATES: Pilates is an excellent, time-tested cross training tool for dancers and athletes. This class will introduce students to the basics of Mat and Equipment skills to improve core strength, alignment, balance, and coordination, while also working on flexibility. Students will be able to transition Pilates skills seamlessly into dance and sports training to enhance technical performance. This class does not participate in recitals.

Pilates	Open to students enrolled in Ballet 4 and up, Open level Ballet 5 and up, Broadway 3 and up, Hip Hop 4 and up, Intermediate Tap & Adv/Int Tap
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AYDT UPPER EAST SIDE SCHEDULE

JUNIOR CLASSES	MON.	TUES.	WED.	THURS.	FRI.	SAT.
First Steps		10-10:45		9:45-10:30		
Dance with Me		11-11:45		10:45-11:30		
Tiny Tots			2-2:45	2-2:45		
Pre-Ballet 1		3:15-4	3:30-4:15	3:15-4		9:30-10:15
Pre-Ballet 2	3:30-4:15	4-4:45	3:15-4			10:15-11
Pre-Ballet 3		3:30-4:15	3:30-4:15	4-4:45		11-11:45
Hip Hop Intro	3:30-4:15	4-4:45		3:15-4		
Tap Intro	3:45-4:30		3:15-4			
SENIOR CLASSES	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Ballet 1A		3:45-4:45	4:15-5:15		3:30-4:30	9:30-10:30
Ballet 1B	3:45-4:45	3:45-4:45		4:45-5:45		9:30-10:30
Ballet 2		4:45-5:45	5:15-6:15	3:45-4:45		10:30-11:30
Open Level Ballet 3		5:45-7	4-5:15		4:30-5:45	10:30-11:45
Open Level Ballet 4			5:15-6:30		5:30-6:45	9:15-10:30
Open Level Ballet 5			6:15-7:45		6:45-8:15	10:30-12
Open Level Intermediate	5:15-6:45					
Ballet 3	4-5:15		4-5:15			
Ballet 4		4:15-5:45		4:15-5:45		
Ballet 5	5:15-6:45		5:15-6:45			
Intermediate Ballet A		5:45-7:15		5:45-7:15		
Intermediate Ballet B		6:45-8:15		6:45-8:15		
Adv/Int Ballet	6:45-8:15		6:45-8:15			
Pre-Pointe	6:45-7:15		6:45-7:15			
Beginner Pointe		7:15-8		7:15-8		
Beg/Int Pointe		8:15-9		8:15-9		
Int/Adv Pointe	8:15-9		8:15-9			
Ballet Technique 1					6:45-8:45	12-2
Ballet Technique 2, 3						12-2
Contemporary 1		4:45-5:45		6:45-7:45	5:30-6:30	
Contemporary 2		5:45-6:45			4:30-5:30	
Hip Hop 1	4:15-5:15	4:45-5:45	3:45-4:45	4-5		
Hip Hop 2	4:15-5:15		4:45-5:45	5:45-6:45	4-5	
Hip Hop 3	5:15-6:15	3:45-4:45		5-6	5-6	
Hip Hop 4	6:15-7:15	5:45-6:45			6-7	
Open Level Hip Hop 4				6-7		
Hip Hop 5		6:45-7:45				
Open Level Hip Hop 5				7-8		
Intermediate Hip Hop		4:45-5:45				
Boys' Hip Hop 1					3:45-4:45	
Boys' Hip Hop 2					4:45-5:45	
Broadway 1	5:30-6:30	4:45-5:45		4:45-5:45		11:45-12:45
Broadway 2	4:45-5:45	5:45-6:45		5:45-6:45		
Broadway 3		6:45-7:45		4:45-5:45		
Broadway 4					6:30-7:30	
Broadway 5	5:45-6:45					
Broadway Bound	5:45-6:45					
Open Level Broadway 1			5:15-6:15		5:45-6:45	
Open Level Broadway 2	6:30-7:30				4:30-5:30	
Open Level Broadway 3				5:45-6:45		
Tap 1A	3:45-4:45			3:45-4:45	3:30-4:30	
Tap 1B			4-5	3:45-4:45	4:30-5:30	
Tap 2	4:30-5:30		5-6			
Tap 3	5:30-6:30		6-7			
Open Level Tap				4:45-5:45		
Intermediate Tap			7-8			
Advanced/Intermediate Tap					5:30-6:30	
Pilates				4:45-5:45 / 5:45-6:45		

AYDT WASHINGTON HEIGHTS SCHEDULE

JUNIOR CLASSES	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Dance with Me						9:30-10:15
Pre-Ballet 1		3:15-4				10:15-11
Pre-Ballet 2		3:15-4				10:15-11
Pre-Ballet 3		4-4:45				10-10:45
Hip Hop Intro	3:45-4:30					
Tap Intro		4-4:45				
SENIOR CLASSES	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Ballet 1A		3:30-4:30				10:45-11:45
Ballet 1B		3:30-4:30				10:45-11:45
Ballet 2		4:30-5:30				
Open Level Ballet 3		4:30-5:30				
Hip Hop 1	4:30-5:30					
Hip Hop 2	4:30-5:30					
Tap 1A		4:45-5:45				
Tap 1B		4:45-5:45				

AYDT CLASS UNIFORMS/COSTS

- Students are REQUIRED to wear AYDT uniforms.
- If your child already has level-specific AYDT dancewear you are not required to purchase a new uniform.**
- Additional dancewear and accessories are available for purchase at our studio.

CLASS	UNIFORM
First Steps, Dance with Me, Tiny Tots, Pre-Ballet	pink leotard, pink tights, ballet slippers, chiffon skirt; NO TUTUS
Ballet 1A, 1B, 2	blue skirted leotard, pink tights, ballet slippers
Open Level Ballet 3, 4, 5	black leotard, pink tights, full sole ballet slippers
Ballet 3, 4	lavender leotard, black leo, 2 pink tights, full sole ballet slippers
Ballet 5, OLB 5, Int. Ballet A/B, Adv/Int Ballet	blue leo, black leo, 2 pink tights, split sole ballet slippers
Contemporary	black tights (<i>wear black ballet leotard</i>)
Tap Intro, Tap 1A	black leotard, tan tights, patent leather tap shoes
Tap 1B and up	black leotard, black leggings, oxford tap shoes
All Broadway classes	black leotard, black tights, tan jazz shoes
Hip Hop classes	black t-shirt, black leggings or sweat pants, hip hop sneakers

- FIRST STEP, DANCE WITH ME, TINY TOTS, PRE-BALLET:** hair in a ponytail, short hair pulled away from face.
- BALLET 1A AND UP:** must wear hair in a proper ballet bun, secured with a hair net and bobby pins.
- TAP, BROADWAY, HIP HOP:** hair in ponytail, short hair pulled away from face.

DANCEWEAR FEES

SHOES	Price	TIGHTS, PANTS, SKIRTS	Price
Full Sole Ballet Slippers	\$25	All Tights (pink, tan, black)	\$10
Split Sole Ballet Slippers (ballet 5 and up only)	\$28	Hip Hop Sweatpants	\$30
Black Patent Leather Tap Shoes	\$32	Hip Hop Leggings	\$20
Oxford Tap Shoes (tap 1B and up)	\$60	Chiffon Skirt (pink)	\$15
Tan Jazz Shoes	\$30	Ballet Shorts	\$32
Hip Hop Sneakers	\$30		
LEOTARDS, SHIRTS	Price	ACCESSORIES	Price
Child Short Sleeve Leotard (black or pink)	\$20	Bun Kits	\$7
Adult Short Sleeve Leotard (black or pink)	\$25	Thera-Band	\$5
Blue Skirted Leotard	\$30	Flower Hair Wreath	\$10
ABT Leotard (graded ballet only)	\$35	Wrap Sweater (black/pink)	\$30
T-Shirt	\$15		
Nude Leotard	\$20		

ATTENDANCE POLICY

- AYDT's calendar is loosely based on the [NYC public school calendar](#). Our spring break usually coincides with Easter and Passover. If your child attends a private school whose vacations differ from AYDT's and they are absent on a day that AYDT classes are in session, they will be marked absent.
- Make-up classes are allowed when AYDT is closed for school holidays or inclement weather. Up to 3 illness related make-ups are allowed per 18-week session, 2 for 9-week sessions. Make-up classes must be scheduled with our administrative staff and be done within the session of the child's absence in the same level class, or in a class one level below. Students may take an age appropriate class in a different discipline in lieu of a make up for a class which is only offered once during the week.
- Students planning to be in the recital may miss no more than 3 classes in the fall or 4 classes in the spring.
- Make-up classes are offered as a courtesy but do not negate absences. To participate in the recital, students who miss more than the allowed number of absences must schedule a private with their teacher, at student's expense. The maximum number of absences a child may have and still participate in the recital by taking additional private classes is 5 in the fall and 6 in the spring. The recital is a group effort and students whose attendance is not consistent affects the recital preparation process for the whole class. After the maximum number of absences in a semester, the student will not be allowed to participate in the recital regardless of how many private classes they might take.
- **Tuition will not be prorated due to absences.** Classes missed due to late registration will be prorated.
- **AYDT accepts enrollment through week 4 of the fall and spring semester.**
- **AYDT does not accept enrollment after week 4 of the semester for all classes except First Steps, Dance with Me and Tiny Tots.**
- Students registering late or mid-year may require 1-2 privates to catch up on missed material, decided at instructor's discretion.
- If fewer than 3 students show up for a class on a given day, the class length may be shortened at the teacher's discretion.
- In the event of a teacher's absence, AYDT will do everything possible to provide a substitute teacher. In the event of an emergency in which a substitute cannot be found, AYDT will combine classes or arrange a make-up class.
- Make-up classes are not offered during the last 2 weeks before the holiday and spring recitals.

SPRING 2024 CALENDAR

FEBRUARY

- **Monday, February 5:** Spring semester begins for [ALL](#) classes
- **February 19 through February 24:** Mid-Winter Break (no classes)

MARCH

- **Thursday, March 28 through Sunday, March 31:** Spring break, part 1 (no classes)

APRIL

- **Wednesday, April 10:** Eid al-Fitr – **WE ARE OPEN FOR CLASSES**, but students will not be penalized for an absence due to religious observance
- **Saturday, April 13:** First Steps and Dance with Me classes, Session 1 ends
- **Monday, April 15:** First Steps and Dance with Me classes, Session 2 begins
- **Saturday, April 20 through Wednesday, April 24:** Spring break, part 2 (no classes)

MAY

- **Saturday, May 25 through Monday, May 27:** Memorial Day weekend (no classes)

JUNE

- **Saturday or Sunday, June 1, 2:** Junior Spring recital (No Junior classes on Saturday; Senior classes will be held earlier in the day than usual.)
- **Monday – Thursday, June 3 - 6:** MANDATORY Senior Holiday Dress Rehearsals (no Senior classes)
- **Friday – Sunday, June 7, 8, 9:** Senior Spring Recitals (no Senior classes on Friday or Saturday).
- **Saturday, June 15:** Spring semester ends for [ALL](#) classes

2023-2024 TUITION AND PAYMENT OPTIONS

- **NO STUDENT WILL BE ALLOWED TO BEGIN CLASSES WITHOUT HAVING MADE THE FULL TUITION PAYMENT OR THE FIRST MONTH'S AUTO PAYMENT.**
- All classes except for First Steps and Dance with Me —which run in two 9-week sessions—run for the full 18-week semester.
- Base tuition includes a \$40 registration fee per child.
- Family discount: \$50 deducted from total tuition.
- Parents have the option to pay in full, or by automatic monthly deductions (“Auto Pay”) from a checking account. Autopay includes a banking and administration fee of \$5 per month. A completed auto pay form must be included with the registration form.
- A 5% discount is applied off the base tuition per each additional class. This is reflected in the prices below.
- Tuition Assistance Available through The Lucy Walsh Fund. Additional application along with previous year’s tax returns required. Funds are given based on need and the number of applicants. Email for more information.
- **ADDITIONAL FEES:** there is a separate recital fee not included in tuition for the spring recital. Recital participation is optional but strongly encouraged. Junior classes \$55 per class; Senior classes \$65 per class + \$15 video fee (required) per child.

Junior Level Classes	One Semester	One Semester Auto Pay
1 class/week	\$ 722.00	5 payments of \$149.40
2 classes/week	\$ 1,369.90	5 payments of \$278.98
3 classes/week	\$ 1,983.70	5 payments of \$401.74
Senior Level Classes	One Semester	One Semester Auto pay
1 class/week	\$ 742.00	5 payments of \$153.40
2 classes/week	\$ 1,408.90	5 payments of \$286.78
3 classes/week	\$ 2,040.70	5 payments of \$413.14
4 classes/week	\$ 2,637.40	5 payments of \$532.48
5 classes/week	\$ 3,199.00	5 payments of \$644.80
6 classes/week	\$ 3,725.50	5 payments of \$750.10

EARLY CHILDHOOD & CLASS ADD ONS	One Semester	One Semester Auto pay
First Steps and Dance with Me (9 classes)	\$ 387.00	N/A
TINY TOTS	\$ 722.00	5 payments of \$149.40
TECHNIQUE 1, 2, 3	\$ 631.80	5 payments of \$126.36
PRE-POINTE 2X/WK.	\$ 396.47	5 payments of \$79.29
POINTE 2X/WK.	\$ 454.87	5 payments of \$90.97